



OPENING HOURS:
Monday to Saturday 9.30 to 3.00
Closed only on Sundays,
Good Friday, Anzac and Christmas Day

February 2019

Monash Men's Shed Inc. at Bogong Reserve,
1/49-77 Bogong Avenue,
Glen Waverley, Victoria, Australia, 3150
Phone 9561 8557

Community Health Event

Living with Arthritis

12 – 2pm

Wednesday 27 February

77 Bogong Ave,

Glen Waverley

Includes Lunch at 12.00 noon.

All welcome

Speakers

Dr Bernie Crimmins (GP, Author and Men's Health specialist)

'Understanding arthritis and what can be done about it'

David Lau (Pharmacist)

'What medications are available for treating arthritis'.

Congratulations to Shed Member Monash Multicultural Champion 2018

Well done to our long-time shed member Shashi Kochhar. Shashi was awarded the 2018 Multicultural Champion for 2018 late last year by the City of Monash.

Shashi has been fostering community connectedness through his Friends of the Children Foundation established in 1998. Shashi started the group as a way to invest in the future which is children's health, education and protecting the environment.

Friends of the Children Foundation is a not-for-profit, registered charity that encourages people of all backgrounds to come together and organised community events that also fundraise for places like Monash Health, including the Australia Day community get together and an annual tree planting event.

The Foundation is active in volunteering to deliver meals to people in need through community meals and also its Bread Brigade that picks up bread from bakeries and distributes it to other community groups. Under founder Shashi's commitment, passion and dedication to the community the Friends of the Children Foundation is an important group in the City of Monash.

President's Message

Welcome to our Members of the shed to 2019. It has already started well with plenty of activities and projects being started early in the new year.

It was great to have so many members and guests attend our Christmas luncheon and enjoy the fabulous carvery. We would like this year to be even better so any feedback to help improve our event would be appreciated.

Our project with the EMHC and the City of Monash stalled recently due to some operational compliances issues and we hope the project can recommence shortly.

In February members will receive a survey for completion about your thoughts and ideas for the shed. I hope you can find time to complete it as it will form the basis of what the shed would like to achieve for our members now and into the future. There will some new activities happening in the future so watch out for this news.

I will be taking a break from the shed in February and March to have and recover from an operation and will re-join the shed in the first week of April. Gary Cornell will lead the Committee of Management in my absence.

Enjoy our shed, Greg



2019 Footy tipping.

The AFL season starts in March so now is the time for new members to join the fun and for existing members to reactivate their tipping account. The tipping is run electronically, and you can register by logging onto www.footytips.com.au and then selecting the Monash Men's shed as your competition. The first prize of over \$200- was won by Kevin Champion. This year will see bigger prizes, some prize giveaways and bonus jackpots for the lucky tipsters. You don't need to be a footy specialist to win so come and join us in the fun for only \$20- per entry.

You need an email address to enter. For further information, see David Harding or Greg Male

Powerball club

Are you interested in Powerball?

It's simple!

Purchase your Powerball each week for the draw and if your number comes out you will win 50% of our prize pool (the other 50% goes to the shed. You can take a permanent number or purchase any un purchased number in a draw.

If a winning Powerball number is not purchased the prize pool is then allocated to the next draw. If members are interested, we can start our club in the next few weeks. Register your interest with Greg or Shane.



Save the Date- Shed social event.

The shed is planning an annual dinner (during the day) for members and shed supporters. The dinner will be a two-course meal and we will have entertainment and an interesting key note speaker.

The proposed **date is Wednesday 24th July** and the venue Waverley RSL. Initial cost is \$35- per head and drinks at bar prices.

Register your interest now as the minimum numbers to proceed are 80 guests.

Another chance for members to join together for some great socialisation and enjoyment.

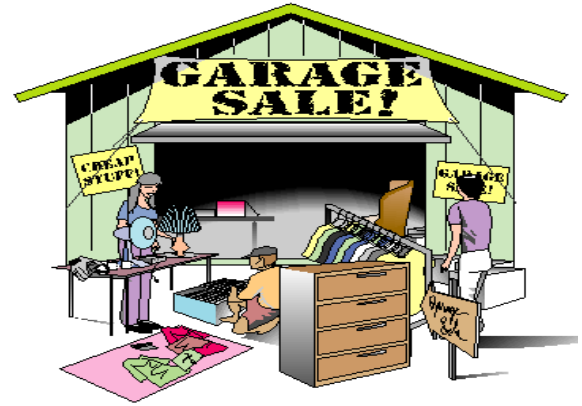
See your committee for more information.

Garage Sale in March

The next Shed Garage sale is coming up end of March. Our last one was a great success raising \$3,000 for the Shed.

Saturday 30 March

If you have anything you wish to donate for this purpose, please let Maurie or Shane know.



Members Survey

The Shed is conducting a member survey during February and will be emailed or posted in coming days.

All members are encouraged to complete this survey as it is important that the Shed knows what it's members want. There will be sealed box that you can place it in so that it can be completely anonymous.

All ideas and comments, both positive and negative, are encouraged. Positive feedback is always welcome, but if you have any issues or concerns please include them aswell. Nothing can be addressed if the problem is not identified. If you have any solutions to an issue, these are also encouraged.

The results of this survey will be presented for discussion at the upcoming Member's forum to be held on the 6th March and will inform many decisions by the committee over the next 12 months.

January-February Birthdays

Joseph Goddard 11/1

Russell Painter 13.1

Andrew Susan 17.1

Lesley Cowell 17.1

Keith Harvey 21.1

Denko Maltez 24.1

Stan Miller 29.1

Jim Hughson 1.2

Peter Klink 3.2



Les Wiling 10.2

Eric Reuter 11.2

Chris White 12.2

Bill James 14.2

Len Calwell 19.2

Geoff Gaylard 19.2

Stephen Bird 24.2

Gus Romero 28.2

Wood work projects

The following projects are available to get involved in:

Rocking Chair - Don

Dining table restoration- Collective effort

Cutting boards- David Parker

Coffee table restoration – Maurie

Wavlink projects- Don/Maurie

Cricket Umpire trophies – Russell Painter

Chess Boards – Colin Smith

Wooden clock restoration – ????

Spring Boards – Maurie

Old printing press restoration - ????

If you are interested in getting involved in any of the above, please see Don, Maurie or Shane.

News on new Shed Renovation

The new Shed was handed over to the contractors a week before Christmas, however commencement of works has not occurred due to circumstances beyond our control. I believe that some extra work was required on the plans before work could commence.

We are hopeful that work will commence in early February but have not been given a formal commencement date at this time. Once we given information, we will make it available to all members.

Garden Club

We hope to start a garden club shortly. The aim of the club is to improve and maintain our community garden. We would also like to grow cuttings that we could grow and sell on behalf of the shed.

We will shortly be receiving help and advice from the Horticultural department of the City of Monash. We would like to be able to propagate some local native plants to restock Bogong reserve.

A garden club will allow us to do some field trips and have some speakers give some talks about various ideas in gardening.

A meeting will be advertised soon for members to gather and discuss how our garden club could operate, what out for the notice.



Don't Forget these dates

Health Event- Wednesday 27 February

Members Forum Wednesday 6 March.






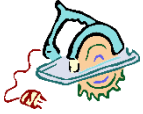

Garage Sale Saturday 30 March

Shed Social event – Wednesday 24 July

Weekly Shed Timetable

The Shed is open 9.30 am – 3.00 pm Monday Saturday.

And is open on public holidays except Christmas, ANZAC and Good Friday.

<p>Monday</p>	<p>General Activities- all day Machinery Operation- all day</p> 
<p>Tuesday</p>	<p>General Activities- all day Computers – 10.00 am Cards - 9.30 am Machinery operation – 12.00-3.00</p> 
<p>Wednesday</p>	<p>General Activities - all day Train Room and Modeling 9.30am – 1.00pm Bread delivery – 9.30 am Leadlighting- 9.30 am – 12.30 pm Lunch preparation - am Community Lunch - 12.00 noon Yoga – 1.00pm Machinery Operation – all day except</p>  
<p>Thursday</p>	<p>General Activities- all day Cards – 9.30 am Art – 9.30 am Computers – 10.00 am Day trips- as advertised. Machinery operation – 12.00-3.00</p> 
<p>Friday</p>	<p>General Activities- all day Community brunch – 10.00 am last Friday of each month Machinery Operation- all day</p> 
<p>Saturday</p>	<p>General Activities – all day Machinery Operation- all day</p> 
<p>Sunday</p>	<p>Closed</p>

Thank you to our Partners and Supporters



CITY OF MONASH

WAVLINK

KERRY RD BAKERY

Shed Personnel

Committee of Management

President – Greg Male

Treasurer – David Harding

Committee Member – Maurie Turner

Committee Member – Stefan Kuligowski

Committee Member – Geoff Gaylard

Vice President – Alistair Pilley

Secretary – Geoff Gaylard

Committee Member – Gary Cornell

Committee Member – Mike Turner

Committee Member – Mike Smithett

Staff

Coordinator – Shane Lawlor

Accountant – Max Patterson

Team Leaders

Membership – Vacant

Woodwork – Russell Painter

Paint Room – Noel Johnstone

Social Activities – Stefan Kuligowski

Computers – David Harding

Community Lunch – John Gillies

Community Garden – Robbie Williams

Artists – Don Bladier

Projects – Don McPherson

Metal Shop – Steve Nelson

Lead lighting – Jim Hughson

OHS – Shane Lawlor

Welfare – Phil Terry

Events Manager – John Schwarzman

Sausage Sizzles – Robbie Williams

Goods Donations – Maurie Turner

HELPLINES

beyondblue 24 hr. **1300 22 4636** Lifeline: **13 11 14** Suicide Call Back Service: **1300 659 467**

Men's Line: 1300 78 99 78 Veterans Line: 1800 011 046

Men's Referral Service for help to avoid domestic violence: **1300 766 491**

Emergency Services: **000**

Grief Line: **03 9935 7400 12-3pm 7 days** Pain Management Line: **1300 340 357**

Sane Australia: **1800 18 7263** Mind Australia Carer Helpline: **1300 554 660**